

REPORT TO: Executive Board

DATE: 13 December 2018

REPORTING OFFICER: Director of Public Health

PORTFOLIO: Health and Wellbeing

SUBJECT: 2017 – 2018 Public Health Annual Report – Keeping Happy and Healthy in School.

WARD(S) Borough-wide

1.0 PURPOSE OF THE REPORT

To provide the Executive Board with some background information on the Public Health Annual Report 2018.

2.0 RECOMMENDATION: That the Board note the contents of the report and supports the recommendations.

3.0 SUPPORTING INFORMATION

- 3.1 Since 1988 Directors of Public Health (DPH) have been tasked with preparing annual reports - an independent assessment of the health of local populations. The annual report is the DPH's professional statement about the health of local communities, based on sound epidemiological evidence, and interpreted objectively.
- 3.2 The annual report is an important vehicle by which a DPH can identify key issues, flag problems, report progress and, thereby, serve their local populations. It will also be a key resource to inform local inter-agency action. The annual report remains a key means by which the DPH is accountable to the population they serve.
- 3.3 The Faculty of Public Health guidelines on DPH Annual Reports list the report aims as the following.
- Contribute to improving the health and well-being of local populations.
 - Reduce health inequalities.
 - Promote action for better health through measuring progress towards health targets.
 - Assist with the planning and monitoring of local programmes and services that impact on health over time.

- 3.4 The PHAR is the Director of Public Health's independent, expert assessment of the health of the local population. Whilst the views and contributions of local partners have been taken into account, the assessment and recommendations made in the report are those held by the DPH and do not necessarily reflect the position of the employing and partner organisations.
- 3.5 Each year a theme is chosen for the PHAR. Therefore it does not encompass every issue of relevance but rather focuses on a particular issue or set of linked issues. These may cover one of the three work streams of public health practice (health improvement, health protection or healthcare public health), an over-arching theme, such as health inequalities, or a particular topic such as mental health or cancer.
- 3.6 For 2017 – 18 the Public Health Annual Report focuses on **Keeping Happy and Healthy in School**. This topic has been chosen as it highlights the key Health and Wellbeing Board priority of *Improved Child Development*, in particular tackling social and emotional and physical activity. The report uses a short film to examine how these issues are approached within two local schools through Halton's Healthy Schools Programme.
- 3.7 The film demonstrates good practice, innovation and key issues with interviews from children, head teachers and staff in two primary schools: Halton Lodge in Runcorn and Our Lady of Perpetual Succour in Widnes.
- 3.8 The film is underpinned by a list of recommendations on school age health as outlined below:
- To support all Halton schools to participate in the Healthy Schools Programme.
 - To offer a whole school approach and a healthy school environment that encourages wellbeing.
 - To reduce health inequalities by building social and emotional and physical resilience that improves health and academic attainment.
 - To promote healthy lifestyle choices for Halton pupils, staff, parents and carers.
 - To offer role models that encourage the Halton school community to stay healthy.
 - To provide opportunities for physical and social and emotional activity within school and promote these activities outside of school.

- 3.9 An update on how Halton met the recommendations from last year's Public Health Annual Report 2016 – 17 on Women and Girls' Health is also provided as a power point presentation.
- 3.10 Here is the link where you can download the high resolution version of the Public Health Annual Report film:
<https://itnproductions.wistia.com/medias/bbv3zrwq77>
- 3.11 Appendices A and B provide powerpoint presentations outlining 2017-18 recommendations and an update on how we have delivered recommendations from the 2016-17 Public Health Annual Report: Women and Girls' Health.

4.0 POLICY IMPLICATIONS

- 4.1 The Public Health Annual Report should be used to inform commissioning plans and collaborative action for the NHS, Social Care, Public Health and other key partners as appropriate.

5.0 OTHER/FINANCIAL IMPLICATIONS

- 5.1 None identified at this time.

6.0 IMPLICATIONS FOR THE COUNCIL'S PRIORITIES

6.1 Children & Young People in Halton

Improving the Health and Wellbeing of Children and Young People is a key priority in Halton. The PHAR will highlights key topics for children.

6.2 Employment, Learning & Skills in Halton

The above priority is a key determinant of health. Therefore improving outcomes in this area will have an impact on improving the health of Halton residents

6.3 A Healthy Halton

All issues outlined in this report focus directly on this priority.

6.4 A Safer Halton

Reducing the incidence of crime, improving Community Safety and reducing the fear of crime have an impact on health outcomes particularly on mental health.

There are also close links between partnerships on areas such as scams, alcohol and domestic violence.

6.5 Halton's Urban Renewal

The environment in which we live and the physical infrastructure of our communities has a direct impact on our health and wellbeing.

7.0 RISK ANALYSIS

7.1 Developing the PHAR does not present any obvious risk however, there may be risks associated with the resultant recommendations. These will be assessed as appropriate.

8.0 EQUALITY AND DIVERSITY ISSUES

8.1 This is in line with all equality and diversity issues in Halton.

9.0 LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972

None